## What is claimed is:

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- 1. An antenna comprising a first resonator element for coupling to an antenna feed; a second resonator element for coupling to ground; the first and second resonator elements arranged to allow field coupling between the first and second resonator elements such that at a first frequency the first and second resonator elements co-operate to allow operation of the first and second resonator elements in a first mode wherein the direction of current flow in one resonator element is different from the direction of current flow in the other resonator element and at a second frequency the first and second resonator elements co-operate to allow operation of the first and second resonator elements in a second mode wherein the direction of current flow in one resonator element is substantially the same as the direction of current flow in the other resonator element.
- An antenna according to claim 1, wherein the first resonator element has a first electrical length and the second resonator element has a second electrical length.
- An antenna according to claim 1, wherein the first mode is a coupled monopole mode.
- An antenna according to claim 1, wherein the second mode is an inverted F type mode.
  - An antenna according to claim 1, wherein the first resonator element forms a monopole antenna.
- An antenna according to claim 5, wherein the first resonator element is arranged in a planar configuration.

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- An antenna according to claim 1, wherein the second resonator element forms a monopole antenna.
- An antenna according to claim 1, wherein the first and second
  resonator elements are arranged in a planar configuration.
  - An antenna according to claim 8, wherein the first and second resonator elements are transversely separated in the plane of the resonator elements.
  - An antenna according to claim 8, wherein the first resonator element is separated from the second resonator element in a plane parallel to the second resonator element.
- 15 11. An antenna according to claim 1, wherein a dielectric substrate is disposed between the first and second resonator elements.
  - A communication device having an antenna according to any of the preceding claims.
  - A communication device according to claim 12, wherein the antenna is mounted internally to the communication device.
- A communication device according to claim 12, wherein the antenna is
  mounted externally to the communication device.